

# 2023 Heart of Lakes Conference

May 16th - Pelican Rapids

## Girls:

1. Perham	191
2. Barnesville	100.5
3. Pelican Rapids	85.5
4. Frazee	76
5. Dilworth-Glyndon-Felton	54
6. United Clay-Becker	43
7. Breckenridge	7

## Boys:

1. Dilworth-Glyndon-Felton	157.5
2. Perham	141.5
3. United Clay-Becker	113
4. Pelican Rapids	84
5. Barnesville	35
6. Frazee	12
7. Breckenridge	11

## Varsity Boys 100 Meters Finals

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### Athlete Yr Team Mark

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- 1 Leif Shervey 9 United Clay-Becker 11.45
- 2 Brody Friend 11 Dilworth-Glyndon-Felton 11.56
- 3 Jordan Summers 12 Dilworth-Glyndon-Felton 11.56
- 4 Tyrus Coudron 10 Perham 11.66
- 5 Bradley Olson 12 United Clay-Becker 11.74
- 6 David Spillum 11 Barnesville 11.78
- 7 Macswel Kunza 11 Dilworth-Glyndon-Felton 11.90
- 8 Daniel Diaz 12 Pelican Rapids 12.01
- 8 Bailey Evans 11 Breckenridge 12.01
- 10 Eddie Sanchez 10 Pelican Rapids 12.07
- 11 Peyton Amundson 11 Barnesville 12.10
- 12 Levi Lelm 10 United Clay-Becker 12.45
- 13 Will Baker 10 Perham 12.48
- 14 Ethan Jandt 8 Breckenridge 12.57
- 15 Owen Shaw 9 Perham 12.95
- 16 Tyden Schaefer 9 Frazee 13.10
- 17 Abraham Gonzalez 12 Pelican Rapids 14.70
- Brian Martinez 11 Breckenridge DNS

## Varsity Girls 100 Meters Finals

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### Athlete Yr Team Mark

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- 1 Megan Guler 8 Pelican Rapids 12.81
- 2 Brynn Larson 9 Frazee 13.38
- 3 Emily Smith 12 Barnesville 13.38
- 4 Paiton Christianson 8 Perham 13.55
- 5 Gracey Hecker 9 United Clay-Becker 13.61
- 6 Anika Cossette 9 Barnesville 13.61
- 7 Abigail Walton 11 Dilworth-Glyndon-Felton 13.66

8 Willow Thiel 11 Perham 13.77  
9 Ariana Doll 11 Perham 13.78  
10 Kodian Schermerhorn 11 Frazee 13.89  
11 Ava Ness 9 Barnesville 13.93  
12 Jacey Hendrickx 11 Breckenridge 14.09  
13 Brooklyn Scoplitte 10 Pelican Rapids 14.23  
14 Kennedy Hall 8 Dilworth-Glyndon-Felton 14.63  
15 Katelyn Smith 9 United Clay-Becker 14.77  
16 Lexie Pixley 12 Pelican Rapids 14.83  
17 Kylie Isaman 9 United Clay-Becker 15.53  
18 Joy Watson 11 Breckenridge 15.91  
19 Ava Christopherson 10 Dilworth-Glyndon-Felton 16.20  
-- Lauren Benson 9 Breckenridge DNS  
-- Aubree Bristlin 8 Frazee DNS

Varsity Boys 200 Meters Finals

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Athlete Yr Team Mark

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1 Braeden Bredman 12 Barnesville 22.83  
2 Jordan Summers 12 Dilworth-Glyndon-Felton 23.67  
3 Bodey DeVries 11 Dilworth-Glyndon-Felton 23.73  
4 Noah Thompson 12 Perham 24.07  
5 Jerome Gange 11 Dilworth-Glyndon-Felton 24.32  
6 Tyrus Coudron 10 Perham 24.38  
7 Micah Thompson 12 Perham 24.43  
8 Mark Kapenga 10 Pelican Rapids 24.65  
9 Daniel Diaz 12 Pelican Rapids 25.21  
10 Brady Borah 11 Frazee 25.40  
11 Channing Russman 10 Pelican Rapids 25.44  
12 Ryan Francis 9 United Clay-Becker 25.91  
13 Hunter Lyman 12 Frazee 25.94  
14 Ethan Jandt 8 Breckenridge 25.95  
15 Jacob Kunkel 11 Breckenridge 26.27  
-- Bailey Evans 11 Breckenridge DNS  
-- Anton Wickenheiser 11 United Clay-Becker DNS  
-- Ethan Larson 11 Barnesville DNS  
-- Alex Helmers 11 Frazee DNS

Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

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1 Megan Guler 8 Pelican Rapids 26.89  
2 Sadie Funk 10 Pelican Rapids 27.18  
3 Mya Morris 12 Perham 27.69  
4 Morgan Korf 9 Pelican Rapids 27.89  
5 Emma Mosey 12 Dilworth-Glyndon-Felton 27.91  
6 Ava Follingstad 10 Barnesville 28.14  
7 Ellie Sosa 8 Dilworth-Glyndon-Felton 28.29  
8 Jayden Sonnenberg 9 Frazee 28.58  
9 Anna Steer 12 United Clay-Becker 28.64  
10 Addy Draeger 8 Perham 28.74  
11 Addi Hackel 8 Perham 28.78  
12 Aunika Reynolds 10 Dilworth-Glyndon-Felton 28.80  
13 Gracey Hecker 9 United Clay-Becker 29.13

- 14 Addyson Barnes 8 Barnesville 29.51
- 15 Aubree Bristlin 8 Frazee 29.75
- 16 Lainey Jacobson 10 Frazee 31.09
- 17 Katelyn Smith 9 United Clay-Becker 31.18
- 18 Piper Thompson 8 Barnesville 31.76
- 19 Joy Watson 11 Breckenridge 33.86
- Emily Gowin 9 Breckenridge DNS
- Chasity Hanson 8 Breckenridge DNF

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Braeden Bredman 12 Barnesville 51.97
- 2 Micah Thompson 12 Perham 52.45
- 3 Charlie Larson 10 Pelican Rapids 52.83
- 4 Blake Swenson 10 Perham 53.07
- 5 Joe Wilson 11 Dilworth-Glyndon-Felton 53.49
- 6 Roy Hoehne 12 Frazee 54.07
- 7 Landon Bakke 11 United Clay-Becker 54.28
- 8 Kolton Wagner 12 Dilworth-Glyndon-Felton 54.81
- 9 David Spillum 11 Barnesville 55.51
- 10 Jack Welch 9 Pelican Rapids 55.92
- 11 Tristan Landberg 11 Pelican Rapids 56.29
- 12 Jack Bredman 10 Barnesville 57.84
- 13 Brody Evenson 10 Perham 58.73
- 14 Ethan Lauritsen 11 Breckenridge 59.01
- 15 Owen Meyers 10 Dilworth-Glyndon-Felton 1:00.01
- 16 Talon Hoverson 7 Frazee 1:07.50
- Jakob Conzemius 10 Breckenridge DNS

Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Gracie Morris 9 Perham 1:01.92
- 2 Bree Nelson 12 United Clay-Becker 1:02.48
- 3 Morgan Korf 9 Pelican Rapids 1:03.47
- 4 Katarina Vetter 8 United Clay-Becker 1:04.20
- 5 Jayla Amundson 8 Barnesville 1:06.08
- 6 Leelou Novotny 9 Perham 1:06.15
- 7 Piper Thompson 8 Barnesville 1:07.62
- 8 Chesney Esser 10 Perham 1:08.47
- 9 Molly Rotz 7 Barnesville 1:09.13
- 10 Lainey Jacobson 10 Frazee 1:09.20
- 11 Isabella Briard 12 United Clay-Becker 1:09.80
- 12 Kodian Schermerhorn 11 Frazee 1:12.21
- 13 Lola Hoehne 9 Frazee 1:12.84
- 14 Isabel Toms 9 Dilworth-Glyndon-Felton 1:13.50
- 15 Emily Ahmed 11 Pelican Rapids 1:16.56
- 16 Alexis Rude 11 Dilworth-Glyndon-Felton 1:18.72
- 17 Joy Watson 11 Breckenridge 1:20.01
- Lauren Benson 9 Breckenridge DNS
- Emersyn Strobel 9 Dilworth-Glyndon-Felton DNS

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Bjorn Anderson 10 Perham 2:00.92
- 2 Isaac Paurus 11 Perham 2:07.29
- 3 Carter Flatau 10 Perham 2:09.47
- 4 Louis Gaytan 11 Dilworth-Glyndon-Felton 2:11.67
- 5 Isaiah Damico 10 Dilworth-Glyndon-Felton 2:13.07
- 6 Jack Martin 10 Barnesville 2:14.96
- 7 Sidiiq Farah 9 Pelican Rapids 2:15.80
- 8 Sebastian Gaytan 8 Dilworth-Glyndon-Felton 2:16.40
- 9 Irvin Villagomez 8 Pelican Rapids 2:18.62
- 10 Kody Johnson 10 United Clay-Becker 2:20.41
- 11 Esben O'Connell 12 United Clay-Becker 2:21.34
- 12 Parker Sanchez 12 Pelican Rapids 2:22.82
- 13 Parker Strom 8 Barnesville 2:23.45
- 14 Tyden Schaefer 9 Frazee 2:26.18
- 15 Braeden Lessard 9 United Clay-Becker 2:27.85
- 16 Henry Slettedahl 9 Breckenridge 2:29.90
- 17 Talon Hoverson 7 Frazee 2:43.05
- 18 Collin Grommesh 8 Barnesville 2:47.73
- 19 Creighton Wake 7 Frazee 2:55.78
- 20 Greyson Matejeck 9 Breckenridge 3:08.51

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Lindsey Rotz 11 Barnesville 2:24.63
- 2 Elsie Ratz 11 Frazee 2:27.43
- 3 Ella Hendrickson 8 Perham 2:32.35
- 4 Kelsey Isaman 12 Pelican Rapids 2:35.15
- 5 Aftyn Hahn 10 Pelican Rapids 2:36.11
- 6 Lily Olson 10 United Clay-Becker 2:36.12
- 7 Arianna Hovland 8 Pelican Rapids 2:37.66
- 8 Hadley Pearson 11 Barnesville 2:39.58
- 9 Aurora Schumacher 9 Perham 2:41.48
- 10 Haven Fjosne 8 Perham 2:43.33
- 11 Mya Askegaard 12 Barnesville 2:44.00
- 12 Aynslee Johannsen 7 Frazee 2:45.53
- 13 Emma Brinkman 9 Dilworth-Glyndon-Felton 2:46.95
- 14 Lola Hoehne 9 Frazee 2:52.37
- 15 Faith Vincent 7 Dilworth-Glyndon-Felton 3:03.00
- 16 Madelyn Wilkie 7 Dilworth-Glyndon-Felton 3:04.32
- 17 Hailee Bruce 11 Breckenridge 3:09.03

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Bjorn Anderson 10 Perham 4:28.30
- 2 Benjamin Geeslin 12 United Clay-Becker 4:38.50
- 3 Bridger Larson 10 United Clay-Becker 4:42.40
- 4 Owen Winter 9 Dilworth-Glyndon-Felton 4:43.00
- 5 Carter Flatau 10 Perham 4:44.80
- 6 Matt Jorgenson 9 Perham 4:54.80

7 Seth Torgerson 12 United Clay-Becker 4:55.30  
8 Isaac Gifford 11 Dilworth-Glyndon-Felton 5:01.80  
9 Jake Dawson 8 Dilworth-Glyndon-Felton 5:19.60  
10 Jonah Sharp 9 Frazee 5:26.00  
11 Cooper Kress 11 Pelican Rapids 5:40.10  
12 Levi Cossette 7 Barnesville 5:40.90  
-- Alexander Nauertz 12 Barnesville DNS  
-- Daniel A. Diaz 11 Pelican Rapids DNS

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

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1 Lindsey Rotz 11 Barnesville 5:26.11  
2 Ella Hendrickson 8 Perham 5:33.69  
3 Quincy Anderson 12 Perham 5:38.71  
4 Lily Olson 10 United Clay-Becker 5:43.95  
5 Madilyn Perrine 7 Frazee 5:49.11  
6 Aspen Rhode 11 Perham 5:51.44  
7 Isabella Orr 7 Barnesville 6:01.38  
8 Arwa Baghzali 7 Dilworth-Glyndon-Felton 6:13.31  
9 Jada Carlson 12 United Clay-Becker 6:20.10  
10 Bristol Larsen 8 Frazee 6:29.86  
11 Bailey Larsen 12 Frazee 6:30.75  
12 Ikraan Mohamed 8 Pelican Rapids 6:33.47  
13 Dru Dauner 10 United Clay-Becker 6:42.09  
14 Gabby Gaytan 7 Dilworth-Glyndon-Felton 6:51.14  
15 Emiley Lindblad 10 Breckenridge 7:03.41  
16 Kamryn Kirkwood 7 Pelican Rapids 7:14.62

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

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1 Thor Erickson 10 United Clay-Becker 10:11.62  
2 Dylan Guck 9 Perham 10:13.60  
3 Taylor Johnson 12 United Clay-Becker 10:20.45  
4 Owen Winter 9 Dilworth-Glyndon-Felton 10:33.95  
5 Henry Mathiason 9 Perham 10:55.68  
6 Drake Dagenais 10 United Clay-Becker 11:09.51  
7 Connor Larson 12 Pelican Rapids 11:09.78  
8 Carter Julin 11 Dilworth-Glyndon-Felton 11:22.98  
9 Isaac Gifford 11 Dilworth-Glyndon-Felton 11:35.76  
10 Benjamin Mathiason 7 Perham 11:42.79  
11 Troy Berndt 8 Breckenridge 11:44.66  
12 Jonah Sharp 9 Frazee 11:45.12  
13 Arturo Zavala 12 Pelican Rapids 12:45.14  
14 Henry Rotz 8 Barnesville 13:00.68

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

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1 Caidyn Breid 9 Perham 12:46.52  
2 Mia Lung 11 Perham 13:08.50  
3 Rylee Bauer 8 Barnesville 13:12.68

- 4 Isabella Orr 7 Barnesville 13:18.28
- 5 Avalee Brown 9 Perham 13:29.40
- 6 Sophie Frederick 10 Barnesville 13:32.85
- 7 Julie Strom 11 United Clay-Becker 14:01.20
- 8 Mia Varriano 7 Dilworth-Glyndon-Felton 14:31.52
- 9 Brooklyn Grubb 7 Dilworth-Glyndon-Felton 14:46.29
- 10 Katherine Geeslin 10 United Clay-Becker 15:34.01
- Bailey Larsen 12 Frazee DNS

Varsity Girls 100m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Lauryn Rustad 12 Perham 15.41
- 2 Olivia Petron 12 Frazee 17.51
- 3 Kaidence Mayfield 12 Frazee 17.68
- 4 Grace Backstrom 10 Pelican Rapids 17.88
- 5 Emily Ahmed 11 Pelican Rapids 18.10
- 6 Cora Grismer 10 Perham 18.15
- 7 Hazel Haugrud 10 Pelican Rapids 18.26
- 8 Olivia Power 11 Barnesville 18.27
- 9 Lily Aakre 12 Perham 18.88
- 10 Chasity Hanson 8 Breckenridge 19.41
- 11 Emily Riddle 12 Barnesville 19.98
- 12 Isabella Follingstad 8 Barnesville 20.69
- 13 Annika Hanson 9 United Clay-Becker 20.78

Varsity Boys 110m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Joey Molstre 12 Dilworth-Glyndon-Felton 16.55
- 2 Trystan Larson 9 Perham 16.64
- 3 Kade Swenson 10 Dilworth-Glyndon-Felton 16.80
- 4 Hayden Hauf 10 Dilworth-Glyndon-Felton 16.93
- 5 Derek Tibbetts 12 United Clay-Becker 17.63
- 6 Aiden Checco de Souza 7 Pelican Rapids 18.39
- 7 Anthony Checco de Souza 11 Pelican Rapids 18.82
- 8 Jovani Vazquez 11 Perham 19.32
- 9 Andrew Checco de Souza 9 Pelican Rapids 19.43
- 10 Will Baker 10 Perham 23.62
- Brody Hanson 8 United Clay-Becker DNS

Varsity Boys 300m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Anthony Checco de Souza 11 Pelican Rapids 42.56
- 2 Derek Tibbetts 12 United Clay-Becker 42.62
- 3 Trystan Larson 9 Perham 44.32
- 4 Joey Molstre 12 Dilworth-Glyndon-Felton 44.64
- 5 Kade Swenson 10 Dilworth-Glyndon-Felton 45.11
- 6 Andrew Checco de Souza 9 Pelican Rapids 45.54
- 7 Hayden Hauf 10 Dilworth-Glyndon-Felton 45.63
- 8 Jovani Vazquez 11 Perham 47.11
- 9 Omar Odawa 11 Pelican Rapids 48.01

10 Jaylon Hornbaker 10 Perham 48.59

Varsity Girls 300m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Lauryn Rustad 12 Perham 47.13
- 2 Hailey Selly 11 Frazee 48.57
- 3 Cora Grismer 10 Perham 48.80
- 4 Grace Backstrom 10 Pelican Rapids 49.87
- 5 Kaidence Mayfield 12 Frazee 51.22
- 6 Lily Aakre 12 Perham 52.23
- 7 Olivia Petron 12 Frazee 52.30
- 8 Hazel Haugrud 10 Pelican Rapids 53.16
- 9 Morgan Schlauderaff 8 Barnesville 53.71
- 10 Olivia Power 11 Barnesville 54.20
- 11 Bella Sjostrom 8 Pelican Rapids 55.40
- 12 Isabella Follingstad 8 Barnesville 57.30

Varsity Boys 4x100m Relay Finals

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Team Time

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- 1 United Clay-Becker 45.28
- 2 Pelican Rapids 45.35
- 3 Barnesville 45.38
- 4 Perham 45.64
- 5 Dilworth-Glyndon-Felton 46.45
- 6 Breckenridge 48.11

Varsity Girls 4x100m Relay Finals

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Team Time

=====

- 1 Perham 52.92
- 2 United Clay-Becker 53.41
- 3 Breckenridge 54.47
- 4 Dilworth-Glyndon-Felton 55.17
- 5 Barnesville 55.28
- 6 Frazee 55.58
- 7 Pelican Rapids 58.06

Varsity Boys 4x200m Relay Finals

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Team Time

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- 1 Perham 1:33.52
- 2 Dilworth-Glyndon-Felton 1:33.78
- 3 Pelican Rapids 1:34.55
- 4 Frazee 1:40.32
- 5 United Clay-Becker 1:40.50
- 6 Barnesville 1:46.24

Varsity Girls 4x200m Relay Finals

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Team Time

- =====
- 1 Perham 1:48.11
  - 2 Pelican Rapids 1:49.70
  - 3 Frazee 1:51.24
  - 4 Dilworth-Glyndon-Felton 1:52.52
  - 5 United Clay-Becker 1:53.97
  - 6 Breckenridge 1:56.26
  - 7 Barnesville 1:56.65

Varsity Boys 4x400m Relay Finals

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Team Time

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- 1 Perham 3:30.50
- 2 Pelican Rapids 3:32.97
- 3 Dilworth-Glyndon-Felton 3:36.61
- 4 United Clay-Becker 3:38.48
- 5 Frazee 3:52.01
- Barnesville DNS

Varsity Girls 4x400m Relay Finals

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Team Time

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- 1 Perham 4:08.75
- 2 Frazee 4:09.78
- 3 United Clay-Becker 4:17.04
- 4 Pelican Rapids 4:23.32
- 5 Barnesville 4:26.85
- 6 Dilworth-Glyndon-Felton 4:58.71

Varsity Boys 4x800m Relay Finals

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Team Time

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- 1 Perham 8:21.02
- 2 United Clay-Becker 8:32.17
- 3 Dilworth-Glyndon-Felton 8:56.14
- 4 Pelican Rapids 9:18.43

Varsity Girls 4x800m Relay Finals

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Team Time

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- 1 Perham 10:22.81
- 2 Barnesville 10:50.81
- 3 Frazee 11:20.09
- 4 Dilworth-Glyndon-Felton 11:53.26
- 5 Pelican Rapids 13:13.10

Varsity Boys Shot Put Finals

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Athlete Yr Team Mark

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- 1 Victor Sosa 12 Dilworth-Glyndon-Felton 46-06.75
- 2 Justin Jacobson 11 Pelican Rapids 44-01.50



- 3 Tyler Jacobson 12 United Clay-Becker 43-03.00
- 4 Thomas Thureen 11 Dilworth-Glyndon-Felton 40-04.25
- 5 Aidan Aldridge 12 Frazee 38-06.00
- 6 Owen Peterson 11 United Clay-Becker 38-04.00
- 7 Josh Dudgeon 11 Dilworth-Glyndon-Felton 38-00.50
- 8 Justin Krueger 11 Barnesville 37-09.25
- 9 Brian Martinez 11 Breckenridge 37-03.50
- 10 Alex Tabery 11 Pelican Rapids 36-11.50
- 11 Jonathan Robideau 12 Barnesville 36-01.25
- 12 Noah Novotny 11 Perham 35-10.50
- 13 Logan Yeske 12 Barnesville 35-04.75
- 14 Eli Butts 10 Breckenridge 34-07.75
- 15 Grady Larson 8 Pelican Rapids 34-03.50
- 16 Marcus Swentik 12 Perham 32-03.50
- 17 Luke Mattson 12 United Clay-Becker 29-11.00
- 18 Hunter Lyman 12 Frazee 27-07.75
- 19 Haven Roth 12 Perham 26-10.75
- 20 Jonathan Buhr 12 Frazee 24-10.75
- Jakob Conzemius 10 Breckenridge DNS

Varsity Girls Shot Put Finals

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Athlete Yr Team Mark

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- 1 Rumely Biewer 12 Barnesville 35-01.75
- 2 Alexis Riniker 12 Dilworth-Glyndon-Felton 34-08.00
- 3 Jersey Trautman 11 Dilworth-Glyndon-Felton 33-08.75
- 4 Ellie Welch 11 Pelican Rapids 32-08.75
- 5 Ella Olson 11 Dilworth-Glyndon-Felton 32-08.75
- 6 Cate Diggins 10 Perham 30-07.75
- 7 Leslie Moore 9 Frazee 29-08.50
- 8 Marissa Ahles 12 United Clay-Becker 29-08.25
- 9 Janae LaFerriere 12 Pelican Rapids 29-08.00
- 10 Ivy Ovsak 12 Breckenridge 29-00.00
- 11 Emily Smith 12 Barnesville 28-09.00
- 12 Autumn Ziemann 12 Perham 27-03.50
- 13 Taya Carlson 10 United Clay-Becker 25-05.00
- 14 Erin Blaufuss 10 Breckenridge 25-00.75
- 15 Grace Miranowski 12 Breckenridge 24-10.50
- 16 Katie Courneya 8 Frazee 24-04.75
- 17 Katelyn Kleven 12 United Clay-Becker 24-03.75
- 18 Autumn Hiemenz 12 Frazee 22-04.75
- 19 Jessica Martinez 7 Pelican Rapids 22-01.00
- 20 Ava Keil 12 Perham 21-10.50
- 21 Morgan Baer 10 Barnesville 18-10.50

Varsity Boys Discus Finals

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Athlete Yr Team Mark

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- 1 Justin Jacobson 11 Pelican Rapids 139-00.75
- 2 Victor Sosa 12 Dilworth-Glyndon-Felton 121-02
- 3 Connor Loeks 12 Barnesville 112-06.25
- 4 John Vetter 12 United Clay-Becker 110-09.75
- 5 Aidan Aldridge 12 Frazee 108-00.25
- 6 Grady Larson 8 Pelican Rapids 107-07.50

- 7 Thomas Thureen 11 Dilworth-Glyndon-Felton 104-07.25
- 8 Max Baumgartner 12 Dilworth-Glyndon-Felton 104-03.75
- 9 Hunter Lyman 12 Frazee 102-09
- 10 Jonathan Robideau 12 Barnesville 102-07.25
- 11 Brian Martinez 11 Breckenridge 101-03
- 12 Tyler Jacobson 12 United Clay-Becker 100-00
- 13 Eli Butts 10 Breckenridge 98-10.75
- 14 Logan Yeske 12 Barnesville 95-03.75
- 15 Keegan Kostohryz 11 Perham 93-04.50
- 16 Haven Roth 12 Perham 81-01.75
- 17 Edwin Escobar 8 Pelican Rapids 79-09
- 18 Aaron Ziemann 10 Perham 73-03.50
- 19 Luke Mattson 12 United Clay-Becker 71-05.25
- 20 Greyson Matejeck 9 Breckenridge 69-06
- 21 Sam Stockstrom 11 Frazee 59-07.25

Varsity Girls Discus Finals

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Athlete Yr Team Mark

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- 1 Alexis Riniker 12 Dilworth-Glyndon-Felton 112-10
- 2 Rumely Biewer 12 Barnesville 111-01.25
- 3 Ella Olson 11 Dilworth-Glyndon-Felton 103-05
- 4 Janae LaFerriere 12 Pelican Rapids 102-04.25
- 5 Ellie Welch 11 Pelican Rapids 95-11.50
- 6 Aria Garrett 9 Dilworth-Glyndon-Felton 92-10.50
- 7 Ivy Ovsak 12 Breckenridge 89-11.25
- 8 Gracie Edwards 12 Perham 88-00.50
- 9 Lily Aakre 12 Perham 85-10.75
- 10 Leslie Moore 9 Frazee 81-05
- 11 Marissa Ahles 12 United Clay-Becker 75-10.50
- 12 Mallory Rasmussen 11 Barnesville 75-06.25
- 13 Cate Diggins 10 Perham 73-10
- 14 Elsie Lauritsen 9 Breckenridge 71-02
- 15 Katie Courneya 8 Frazee 69-11.25
- 16 Addie Twidwell 12 Breckenridge 69-05.25
- 17 Kaysa Erickson 9 United Clay-Becker 65-05.50
- 17 Katelyn Kleven 12 United Clay-Becker 65-05.50
- 19 Shayna Erickson 9 Barnesville 58-03
- 20 Avah Pixley 7 Pelican Rapids 51-09
- 21 Sianna Brakefield 10 Frazee 44-04.75

Varsity Boys High Jump Finals

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Athlete Yr Team Mark

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- 1 Sam Senske 12 United Clay-Becker 6-04.00
- 2 Jacob Kunkel 11 Breckenridge 6-02.00
- 3 Derek Tibbetts 12 United Clay-Becker 5-08.00
- 3 Macswel Kunza 11 Dilworth-Glyndon-Felton 5-08.00
- 5 Ben Lepard 12 Dilworth-Glyndon-Felton 5-06.00
- 5 Will Baker 10 Perham 5-06.00
- 7 Paul Armitage 10 Breckenridge 5-06.00
- 8 Kade Swenson 10 Dilworth-Glyndon-Felton 5-06.00
- 9 Noah Novotny 11 Perham 5-06.00
- 10 Jack Welch 9 Pelican Rapids 5-04.00

- 11 Connor Loeks 12 Barnesville 5-02.00
- 12 Treyvon Benson 10 Pelican Rapids 5-02.00
- 13 Ethan Isaman 8 Pelican Rapids 5-00.00

Varsity Girls High Jump Finals

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Athlete Yr Team Mark

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- 1 Brynn Larson 9 Frazee 5-00.00
- 2 Addyson Strawsell 10 United Clay-Becker 4-10.00
- 3 Willow Thiel 11 Perham 4-10.00
- 3 Anna Roisum 10 Pelican Rapids 4-10.00
- 5 Grace Backstrom 10 Pelican Rapids 4-08.00
- 5 Emily Riddle 12 Barnesville 4-08.00
- 7 Ingrid Rustad 10 United Clay-Becker 4-08.00
- 7 Mariah Koltes 8 Breckenridge 4-08.00
- 9 Hailee Hanson 11 Breckenridge 4-06.00
- 9 Isabella Follingstad 8 Barnesville 4-06.00
- 11 Addyson Rasmussen 8 Barnesville 4-06.00
- 11 Rheo Goulet 10 Breckenridge 4-06.00
- 13 Mia Lung 11 Perham 4-04.00
- 14 Aynslee Johannsen 7 Frazee 4-02.00
- 15 Michaela Risberg 8 Dilworth-Glyndon-Felton 4-02.00

Varsity Boys Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Aiden Kennedy 12 Perham 13-00.00
- 2 Noah Novotny 11 Perham 12-06.00
- 3 Joe Wilson 11 Dilworth-Glyndon-Felton 12-00.00
- 4 Joey Molstre 12 Dilworth-Glyndon-Felton 11-06.00
- 5 Treyvon Benson 10 Pelican Rapids 11-00.00
- 6 Brady Crabtree 11 Frazee 11-00.00
- 7 Landyn Pierce 12 Pelican Rapids 10-00.00
- 7 Ethan Walters 11 Pelican Rapids 10-00.00
- 7 Noah Thompson 12 Perham 10-00.00
- 10 Tyden Schaefer 9 Frazee 9-00.00
- 10 David Erlandson 9 Breckenridge 9-00.00
- 10 Chester Retz 10 United Clay-Becker 9-00.00
- 13 Kolton Wagner 12 Dilworth-Glyndon-Felton 8-00.00
- Gunnar Fleming 10 United Clay-Becker NH
- Braeden Lessard 9 United Clay-Becker NH
- Henry Slettedahl 9 Breckenridge NH

Varsity Girls Pole Vault Finals

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Athlete Yr Team Mark

=====

- 1 Gracie Morris 9 Perham 11-09.00
- 2 Natalie Rooney 12 Perham 10-06.00
- 3 Maya Richter 12 Perham 10-00.00
- 4 Ashley Maneval 9 Barnesville 8-06.00
- 5 Kenadee Gray 11 Barnesville 8-00.00
- 6 Aftyn Hahn 10 Pelican Rapids 7-06.00
- 7 Arianna Hovland 8 Pelican Rapids 7-00.00

8 Brooklyn Scoplitte 10 Pelican Rapids 6-00.00  
8 Laine Jacobson 10 Frazee 6-00.00  
8 Autumn Hiemenz 12 Frazee 6-00.00  
8 Savannah Brown 11 Dilworth-Glyndon-Felton 6-00.00  
-- Nora Jones 11 Dilworth-Glyndon-Felton NH  
-- Allison Smith 9 Barnesville NH  
-- Katelyn Smith 9 United Clay-Becker NH

Varsity Boys Long Jump Finals

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Athlete Yr Team Mark

=====

1 Bradley Olson 12 United Clay-Becker 21-01.00  
2 Jack Kapenga 10 Pelican Rapids 19-09.00  
3 Brody Friend 11 Dilworth-Glyndon-Felton 19-03.00  
4 Macswel Kunza 11 Dilworth-Glyndon-Felton 19-02.50  
5 Jacob Kunkel 11 Breckenridge 18-08.00  
6 Ben Lepard 12 Dilworth-Glyndon-Felton 18-07.50  
7 Channing Russman 10 Pelican Rapids 18-06.00  
8 Ethan Larson 11 Barnesville 17-10.50  
9 Paul Armitage 10 Breckenridge 17-05.00  
10 Kiethen Anderson 9 Perham 16-09.00  
11 Ethan Lauritsen 11 Breckenridge 16-05.50  
12 Roy Hoehne 12 Frazee 16-05.00  
13 Logan Yeske 12 Barnesville 16-04.50  
14 Glen Sommers 9 Perham 16-02.00  
15 Jack Bredman 10 Barnesville 15-10.00  
16 Owen Shaw 9 Perham 15-00.00  
17 Willam Stroburg 8 Frazee 14-06.00

Varsity Girls Long Jump Finals

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Athlete Yr Team Mark

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1 Jaden Hackel 11 Perham 16-04.50  
2 Ava Follingstad 10 Barnesville 16-03.50  
3 Emily Smith 12 Barnesville 15-09.00  
4 Hadley Pearson 11 Barnesville 15-08.50  
5 Kennedy Pilgrim 11 Perham 15-06.00  
6 Kaidence Mayfield 12 Frazee 15-05.25  
7 Megan Guler 8 Pelican Rapids 15-03.00  
8 Ellie Sosa 8 Dilworth-Glyndon-Felton 15-01.00  
9 Olivia Petron 12 Frazee 14-09.75  
10 Abigail Walton 11 Dilworth-Glyndon-Felton 14-07.25  
11 Alexis Hartmann 10 Perham 14-03.00  
12 Hailey Selly 11 Frazee 14-00.50  
13 Hazel Haugrud 10 Pelican Rapids 13-09.75  
14 Aftyn Hahn 10 Pelican Rapids 13-05.50  
14 Elsie Lauritsen 9 Breckenridge 13-05.50  
16 Elsa Stigen 10 United Clay-Becker 13-05.00  
17 Isabella Briard 12 United Clay-Becker 12-07.00  
18 Rheo Goulet 10 Breckenridge 11-10.00  
19 Laura Burkel 10 United Clay-Becker 11-06.75

Varsity Boys Triple Jump Finals

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Athlete Yr Team Mark

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- 1 Mark Kapenga 10 Pelican Rapids 39-00.00
- 2 Hayden Hauf 10 Dilworth-Glyndon-Felton 38-10.00
- 3 Micah Thompson 12 Perham 38-07.50
- 4 Caleb Johnson 10 Dilworth-Glyndon-Felton 38-05.00
- 5 Macswel Kunza 11 Dilworth-Glyndon-Felton 37-11.00
- 6 Channing Russman 10 Pelican Rapids 37-10.00
- 7 Levi Eickenbrock 11 Barnesville 37-10.00
- 8 Kiethen Anderson 9 Perham 37-04.50
- 9 Paul Armitage 10 Breckenridge 35-03.50
- 10 Owen Shaw 9 Perham 34-09.00
- 11 Ethan Lauritsen 11 Breckenridge 32-08.00
- 12 Hunter Simon 8 Frazee 25-03.50
- Ethan Walters 11 Pelican Rapids ND

Varsity Girls Triple Jump Finals

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Athlete Yr Team Mark

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- 1 Jaden Hackel 11 Perham 35-11.00
- 2 Kennedy Pilgrim 11 Perham 35-09.00
- 3 Ellie Sosa 8 Dilworth-Glyndon-Felton 34-11.00
- 4 Ava Follingstad 10 Barnesville 34-04.50
- 5 Kaidence Mayfield 12 Frazee 34-00.00
- 6 Cora Grismer 10 Perham 34-00.00
- 7 Jayden Sonnenberg 9 Frazee 33-07.00
- 8 Marie Backstrom 11 Pelican Rapids 31-09.50
- 9 Ashley Maneval 9 Barnesville 31-00.00
- 10 Alexa Reep 11 United Clay-Becker 30-08.50
- 11 Ingrid Rustad 10 United Clay-Becker 30-07.50
- 12 Lexie Pixley 12 Pelican Rapids 30-06.00
- 13 Anna Roisum 10 Pelican Rapids 29-11.00
- 14 Laila Berg 9 Barnesville 29-05.00
- 15 Hazel Haugrud 10 Pelican Rapids 28-04.00
- Alex Risberg 8 Dilworth-Glyndon-Felton ND